

Elkin City Schools
ELKIN MIDDLE SCHOOL
DECEMBER 2013
2013

Nov 20, 2013

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 2 STRAWBERRY POP-TART ASSORTED CEREAL WHEAT TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 3 SAUSAGE BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 4 CHICKEN BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 5 STEAK BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 6 FRENCH TOAST STICKS CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT
Dec - 9 BREAKFAST PIZZA CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 10 SAUSAGE BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 11 CHICKEN BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 12 STEAK BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 13 BREAKFAST STICK CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT
Dec - 16 POP-TART W/TOAST CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 17 SAUSAGE BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 18 CHICKEN BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 19 STEAK BISCUIT CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT	Dec - 20 FRENCH TOAST STICKS CEREAL W/TOAST MILK - VARIETY ASST. JUICE ASSORTED FRESH FRUIT
Dec - 23 NO SCHOOL TODAY	Dec - 24 NO SCHOOL TODAY	Dec - 25 NO SCHOOL TODAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY
Dec - 30 NO SCHOOL TODAY	Dec - 31 NO SCHOOL TODAY			

CHOICE OF ENTREE

This institution is an equal employment opportunity provider and employer.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.